

## Trademark Regulations

25.03.2026

### Name and registered office of the trademark owner

EMDR Europe Association  
c/o EMDR Schweiz  
Im Oberstadel 5  
CH-8400 Winterthur

### Declaration

EMDR Europe Association (hereinafter referred to as the „trademark owner“) does not engage in any commercial activities that involve providing services for which the guarantee exists. There is neither an economic nor an organizational relationship between the authorised users and the trademark owner that goes beyond these trademark regulations.

### Reproduction of the certification trademark:



### The trademark is used to certify the following services:

Class 41: Education; training of therapists; holding of seminars and meetings.

Class 44: Psychotherapy; Psychotherapy services; Services provided in the therapy field; services provided by psychologists, particularly assistance and advice in administering therapeutic care; medical services; Health counselling; Medical counselling; Psychological counselling; Counselling relating to the psychological relief of medical ailments.

### The attributes guaranteed by the trademark

Eye Movement Desensitization and Reprocessing (EMDR) is an evidence-based psychotherapy for the treatment of disorders related to trauma and other adverse experiences, such as post-traumatic stress disorder and other mental health conditions. EMDR was developed by the American psychologist and researcher Francine Shapiro. EMDR is guided by Francine Shapiro's Adaptive

Information Processing (AIP) model, which suggests that many psychological issues are due to the improper encoding, dysfunctional storage or incomplete processing of pathogenic memories. EMDR employs a unique eight-phase treatment approach that systematically targets the past, present, and future aspects of a stored traumatic memory. After a proper history taking and treatment planning, the traumatic memories are reprocessed in a structured manner through a series of guided eye movements or other dual attention stimulation. EMDR helps to reduce the emotional impact of pathogenic memories and enhance the individual's adaptive coping mechanisms followed by a reduction/extinction of symptoms.

EMDR is one of the most advanced psychotherapy methods for treating mental health conditions related to (but not exclusively) trauma, adverse experiences and stress, with high quality research confirming the clinical observations. Following extensive international research, it is recommended by major Mental health authorities worldwide, included the World Health Organization.

The certification trademark guarantees that the services in Class 41 (Education; training of therapists; holding of seminars and meetings) are provided exclusively by appropriately qualified and accredited professionals of the advanced EMDR method described above, and delivered through appropriately accredited training courses, namely by EMDR Europe Accredited Consultants (see the criteria for the accreditation under point 2 below), by EMDR Europe Accredited Trainers (see the relevant criteria under point 3 below), and within the framework of EMDR Europe Accredited Training Courses (see the relevant criteria under point 4 below), as well as by EMDR Europe Accredited Consultants for children and adolescents (see the relevant criteria under point 6 below), by EMDR Europe Accredited Trainers for children and adolescents (see the relevant criteria under point 7 below), and within the framework of EMDR Europe Accredited Training Courses for children and adolescents (see the relevant criteria under point 8 below).

The certification trademark guarantees that the services in Class 44 (Psychotherapy; Psychotherapy services; Services provided in the therapy field; services provided by psychologists, particularly assistance and advice in administering therapeutic care; medical services; Health counselling; Medical counselling; Psychological counselling; Counselling relating to the psychological relief of medical ailments) are provided exclusively by appropriately qualified and accredited professionals of the EMDR method, namely by EMDR Europe Accredited Practitioners (see the criteria for accreditation under point 1 below), by EMDR Europe Accredited Consultants, by EMDR Europe Accredited Trainers, as well as by EMDR Europe Accredited Practitioner for children and adolescents (see the relevant criteria under point 5 below), by EMDR Europe Accredited Consultants for children and adolescents and by EMDR Europe Accredited Trainers for children and adolescents.

### **Conditions for the use of the certification trademark**

To be awarded the EMDR Europe quality label, certain quality criteria must be met for the respective accreditation. There are multiple levels of accreditation available, which are

1. EMDR Europe Accredited Practitioner
2. EMDR Europe Accredited Consultant
3. EMDR Europe Accredited Trainer
4. EMDR Europe Accredited Training Course
5. EMDR Europe Accredited Practitioner for children and adolescents (abbreviation: EMDR Europe Accredited C&A practitioner)
6. EMDR Europe Accredited Consultant for children and adolescents (abbreviation: EMDR Europe Accredited C&A consultant)

7. EMDR Europe Accredited Trainer for children and adolescents (abbreviation: EMDR Europe Accredited C&A trainer)
8. EMDR Europe Accredited Training Course for children and adolescents (abbreviation: EMDR Europe Accredited C&A training)

The criteria for each accreditation are detailed below.

### **Application and accreditation process**

The Applicant has to deliver the documents demonstrating the criteria for each accreditation requirements signed by an EMDR Europe accredited (C&A) trainer (for the accreditation of EMDR Europe accredited [C&A] consultants) or by an EMDR Europe accredited (C&A) consultant (for the accreditation of EMDR Europe accredited [C&A] Practitioners) to the EMDR National Association. The formal accreditation itself is fulfilled through the local EMDR National Association.

Regardless of the relevant accreditation, the following requirements must always be met:

- Must be **members** of their **National EMDR Association**.
  - Must adhere to the **professional and ethical standards** as defined by both their professional registration body and the EMDR National Association, promoting integrity in the science, teaching, and clinical practice of psychotherapy, particularly EMDR.
  - Must seek **re-accreditation** with their national EMDR association **every five years**.
  - Each accreditation application requires **two supporting references**.
1. EMDR Europe Accredited Practitioner:
    - Practitioners must have completed an **EMDR Europe accredited Standard training** (minimum 6 days plus a total of 10 hours clinical supervision) by a recognized EMDR Europe Accredited Trainer.
    - Practitioners must have a **minimum of two years of professional experience** before they can become accredited by EMDR Europe.
    - Practitioners must have actively engaged in **EMDR Clinical Supervision/ Consultation** (minimum of 20 hours, including the 10 hours that are part of the EMDR Standard training) with an EMDR Europe Accredited Consultant.
    - An EMDR Europe Accredited Consultant has directly witnessed the Practitioners EMDR clinical work either using video or In Vivo therapy sessions in compliance to the EMDR Europe Practitioner Competency Framework document.
    - The Practitioner must have conducted a **minimum of 50 EMDR sessions** before seeking accreditation.
    - The Practitioner must have treated a **minimum of 25 clients** using EMDR as an eight-phase psychological treatment intervention.
  2. EMDR Europe Accredited Consultant
    - The Consultant must be engaged in a **minimum of 16 hours per week** practicing psychotherapy, which includes supervision.
    - **EMDR Europe Accredited Consultants** must be accredited as EMDR Europe Accredited Practitioner and provide evidence of their accreditation.
    - The Consultant must have a **minimum of three years' experience** as an EMDR Europe Accredited Practitioner.
    - The Consultant must have treated a **broad range of clients** with varying diagnoses and complexity.
    - The Consultant must have conducted a **minimum of 400 EMDR sessions** since becoming an EMDR Europe Accredited Practitioner.

- The Consultant must have treated **at least 75 clients** using EMDR since becoming an Accredited Practitioner.
- The Consultant must demonstrate competency in providing both **clinical supervision/consultation** and in their own clinical work and have engaged in a **minimum of 20 hours clinical supervision** with an EMDR Europe Accredited Consultant.
- The Consultant must have successfully completed a **minimum of 30 hours of EMDR-related Continuing Professional Development (CPD)** and stay current with EMDR research.
- The Consultant must have their Certificate of Competency from an EMDR Europe Consultant training.
- The Consultant must submit an EMDR Europe Competency Framework filled out by an EMDR Europe trainer or senior consultant who has trained the applicant and witnessed his/her clinical and consulting competencies as requested in the document.
- The Consultant must provide evidence of having been **observed in three sessions** meeting the required standards: one clinical session with a patient, one session providing individual EMDR supervision, and one session providing group EMDR supervision.

### 3. EMDR Europe Accredited Trainer

- Trainers must hold **valid registration or licensure** as a mental health practitioner or clinician in their country.
- Trainers must be **accredited as EMDR Europe Consultants** and provide evidence of their consultant accreditation.
- Trainers must have **at least one year of post-certification experience** as an EMDR facilitator, treating clients with acute and complex trauma as well as dissociative disorders. This experience must be corroborated by a written statement from an EMDR Europe Accredited Trainer.
- Trainers must have actively participated in a **minimum of five complete training courses**, facilitating live practice and practical exercises.
- Trainers must dedicate at least **40% of their professional time to clinical practice**, including supervision.
- Trainers must provide **two examples of their clinical work** via video recordings, demonstrating face-to-face EMDR therapy sessions with bilateral eye movements (manual delivery). At least one video must demonstrate a complete EMDR therapy session, covering phases 2 to 7, while another should show appropriate use of the Cognitive Interweave technique.
- Trainers must demonstrate a **strong professional reputation** in the trauma field, supported by clinical references, publications, and peer recognition.
- Trainers must have **extensive teaching experience**, including providing EMDR training, supported by references from academic colleagues or peers.
- Trainers must be mentored by an **approved EMDR Europe Accredited Senior Trainer** (a Senior trainer is an EMDR Europe accredited trainer with 5 years of experience), demonstrating their teaching ability over at least **four presentations** of EMDR material, with each presentation lasting approximately 30 minutes.
- Trainers must demonstrate their ability to present **complex EMDR material clearly and engagingly**, adhering to **recognized EMDR training resources**.
- Trainers must provide a **video recording of at least one unedited in-person presentation** during an Accredited EMDR Europe Training, demonstrating high teaching standards and effective interaction with the audience.
- Alternatively, an EMDR Europe Standards Committee member (from another country) may observe their teaching and provide an assessment of their skills.
- Trainers must ensure that their **National EMDR Association is informed about their accreditation** as an EMDR Europe Trainer.
- The National Association may submit **additional information** to the EMDR Europe Standards Committee as relevant to the Trainer's accreditation.

#### 4. EMDR Europe Accredited Training Course

- Trainers must be **Accredited EMDR Europe Trainers**.
- Trainers must hold a **degree or equivalent in a mental health field** and be licensed to provide psychotherapeutic services.
- When training is part of the process for becoming a Trainer, the trainee-trainer must be observed by an Accredited Trainer throughout.
- Trainees must hold a **valid license or registration** to provide psychotherapeutic services in their country.
- The **Training program must consist of a minimum of 6 days**, including:
  - a. 24 hours of teaching
  - b. 18 hours of supervised practice
  - c. 10 hours of clinical supervision
- The training content must follow recognized EMDR training resources under **recognized EMDR training resources**.
- Supervised practice includes:
  - a. Role-play and live practice of EMDR techniques
  - b. Trainees practice the EMDR protocol in groups.
- The **syllabus** must include exercises and practical applications **to build skills in EMDR techniques**.
- The goal of **clinical supervision** is to help trainees develop **competence in integrating EMDR safely into their practice**. This supervision requires:
  - a. A minimum of 10 hours of supervision, working with at least three clients
  - b. supervision may be provided as part of the training or outside of it and must include individual or group consultation
  - c. Supervision must be provided by an Accredited EMDR Europe Consultant, Facilitator, or Trainer, and counts toward becoming an accredited practitioner.
- EMDR training courses must be **approved by the EMDR Europe Standards Committee** before they can be advertised.
- If Trainers wish to provide training outside their national boundaries, they must obtain consent from the relevant EMDR National Association.

#### 5. EMDR Europe Accredited Practitioner for children and adolescents (abbreviation: EMDR Europe Accredited C&A practitioner)

- The Practitioner must be **accredited to work** in mental health with children and adolescents.
- Completion of an **EMDR Europe Accredited Standard Training** is compulsory.
- The Practitioner must complete an **EMDR Europe Accredited C&A Training**.
- The training may include Level C&A EMDR 1 & 2 or Parts 1, 2, & 3 of a recognized EMDR Europe training.
- The Practitioner must have conducted a **minimum of 50 EMDR sessions**.
- A **minimum of 25 clients must be treated** using EMDR by the Practitioner.
- The Practitioner must engage in consultation until they demonstrate competency according to the EMDR Europe Competency Framework.
- A minimum of **20 hours of consultation** is required from an EMDR Europe Approved Consultant.
- The **EMDR Consultant supervising the Practitioner** must have directly **witnessed their EMDR work** through video/DVD or In Vivo sessions with:
  - a. One child under 8 years.
  - b. One child or adolescent aged 8 or above.
- Two references are required:
  - a. One from an EMDR Europe Accredited Consultant (C&A).
  - b. The second from someone who can comment on the Practitioner's professional practice and standing.

6. EMDR Europe Accredited Consultant for children and adolescents (abbreviation: EMDR Europe Accredited C&A consultant)

- The Consultant must work a minimum of **16 hours per week** in **mental health care**, of which at least **8 hours must be dedicated to working with children and adolescents (C&A)**.
- If the Consultant is seeking C&A accreditation as a **second registration** (after being a generic EMDR Consultant), they must work at **least 4 hours per week with C&A**.
- The Consultant must have experience with a minimum of **400 EMDR sessions** and have **treated 75 clients**, of which at least **50% must be children and adolescents**.
- If C&A is the **second registration**, the Consultant must have at least **150 EMDR sessions** and **treated 37 clients** (with at least 50% being C&A).
- The Consultant must submit a motivation letter to the Consultant trainers, detailing their experience as an EMDR therapist, supervisor, and teacher, along with their motivation for becoming a C&A Consultant.
- This letter must be accompanied by:
  - a. The letter of good standing from their National Association.
  - b. The letter of recommendation from an EMDR Europe Consultant (a C&A or a generic EMDR Europe Consultant).
- The Consultant must attend a **two-day generic Consultant training** focused on supervision and teaching skills.
- The Consultant must then attend a **two-day C&A Consultant training** focusing on supervision techniques for age-appropriate adaptations in the C&A standard protocol.
- The Consultant must demonstrate competency according to the EMDR Europe Competency Framework for Consultants with C&A addendum.

7. EMDR Europe Accredited Trainer for children and adolescents (abbreviation: EMDR Europe Accredited C&A trainer)

- Trainers must provide a copy of their **national clinical registrations**, proving they are qualified to work with children and adolescents.
- Trainers must have a **mentor (a senior Trainer who has been re-accredited at least once)** to guide them through the application process.
- **The mentor coaches the Trainers on producing quality videos, presentations, and a manual.**
- Trainers must submit **two clinical videos** demonstrating their EMDR practice using the C&A standard protocol with:
  - a. One child over 8 years of age.
  - b. One child under 8 years of age.
- The **videos must be approved by the mentor** before the Trainer candidate can attend the C&A Trainers' Training (CTT).
- During the CTT, Trainers must provide **four additional teaching videos** covering:
  - a. Age groups: 9-18 years, 6-8 years, 4-5 years, and under 4 years.
  - b. The videos must demonstrate application of both the standard protocol and storytelling protocol.
- Trainers must have at least **2 years' experience as an Accredited C&A Consultant**, including the treatment of acute and complex psychopathology and dissociative disorders. This experience must be corroborated by a written statement from an EMDR Europe Accredited C&A Trainer.
- Trainers must provide evidence of **shadowing a trained facilitator** during **two full EMDR Europe standard training courses (all parts)**. An EMDR Europe senior Trainer must provide written confirmation.
- Trainers must have attended **two C&A training courses** (all parts/levels), where they were assessed for successfully facilitating practical and live exercises.

- Trainers must participate in **the EMDR Child & Adolescent Trainers' Training (CTT)**. The CTT focuses on:
  - a. Latest developments in EMDR
  - b. Feedback on teaching skills and teaching material quality
  - c. Group cohesion to support future C&A Trainers.
- Trainers must provide evidence that at least **40% of their professional time** (minimum of 12 hours per week) is spent in **clinical practice with children and adolescents**, including clinical supervision.
- Trainers must also demonstrate **standing in the trauma field**, supported by clinical references, publications, or general reputation.
- Trainers must provide proof of sufficient general teaching experience, supported by:
  - a. Two references from academic colleagues or peers
  - b. Participation in a minimum of four teaching presentations during an EMDR Europe Accredited C&A training course. The presentations must cover:
    - The eight-phase protocol for different age groups.
    - Storytelling.
    - The role of parents.
    - The Cognitive Interweave or Blocked Processing.
- Trainers must submit a testimonial from their mentor confirming that they have met these criteria.
- Trainers must provide a full unedited video of one of their presentations during an EMDR Europe Accredited C&A training.
- Alternatively, the Trainer's case assessor or another independent EMDR Europe Accredited senior C&A Trainer may observe and affirm the Trainer's teaching skills.

8. EMDR Europe Accredited Training Course for children and adolescents (abbreviation: EMDR Europe Accredited C&A training)

- Teaching: The training must include at least **24 hours of teaching**.
- Supervised Practice: A minimum of **4 hours of supervised practice** must be included.
- Clinical Supervision: The minimum standard for **clinical supervision is 10 hours after the generic training**, which may be applied to C&A or adult cases depending on national requirements.
- The training must include only **EMDR-related material**, specific to working with children and adolescents, and must not cover other intervention methods.
- The content should follow **recognized EMDR training resources** and must align with the materials covered in the Child Trainers' Training (CTT).
- The training must include various **exercises to build experience in applying EMDR techniques** to children of different ages.
- The training must also include **relevant video clips of real EMDR sessions** with children or live demonstrations to illustrate clinical situations and client responses.
- The training program must be submitted for approval to the **EMDR Europe Standards Committee**, along with manuals, syllabi, and other relevant documents.

**Testing methods in the initial examination**

Before the use of the mark is allowed, the trademark owner verifies that the applicant's services meet the characteristics to be certified, namely that all services offered under it are directly connected to, and promote, support, or apply EMDR therapy as one of the most advanced psychotherapy methods for treating mental health conditions related to (but not exclusively) trauma, adverse experiences and stress.

This assessment is carried out by a qualified internal body of the trademark owner, following the submission of an application for use of the certification mark.

The assessment of Practitioners, Consultants, C&A Practitioners and C&A Consultants is carried out by the National EMDR Association (or an elected Committee of that Association) of the country where

the candidate is working as a mental health professional, and must follow the regulations of EMDR Europe Association.

The assessment of Trainers, Trainings, C&A Trainers and C&A Trainings is carried out by the Standards Committee of the EMDR Europe Association. This Committee is made of Senior EMDR Europe accredited Trainers who have been elected by the Members' General Assembly (Board) of EMDR Europe Association.

As part of this process, the applicant must demonstrate compliance with the "Conditions for Use of the Certification Trademark", as set out in detail in the relevant section of these Regulations. Fulfilment of these conditions ensures that the services bearing the certification mark provide, are directly connected to, promote, support, or apply one of the most advanced psychotherapy methods for treating mental health conditions related to (but not exclusively) trauma, adverse experiences and stress.

The applicant demonstrates compliance with the "Conditions for use of the certification trademark" by submitting evidence to the relevant internal body of the trademark owner confirming that all conditions have been met (see the documents to be submitted in detail above). As an initial review, this documentation is examined by the responsible internal body to verify that all requirements for the use of the certification trademark are fulfilled.

In addition, an EMDR Europe Accredited (C&A) Practitioner undergoes EMDR clinical supervision/consultation and must demonstrate competency of the EMDR Europe (C&A) Practitioner Competency Framework to an EMDR Clinical Supervisor/Consultant.

An EMDR Europe Accredited (C&A) Consultant undergoes EMDR clinical supervision/consultation and must demonstrate competency of the EMDR Europe (C&A) Consultant Competency Framework to an EMDR Clinical Supervisor/Consultant.

An EMDR Europe Accredited (C&A) Trainer undergoes a presentation assessment from an approved EMDR Europe Accredited Senior Trainer, while demonstrating their teaching ability.

An EMDR Europe Accredited (C&A) Training Course must be presented for approval to the Standards Committee of EMDR Europe with a detailed outline of the training (e.g. manuals, syllabi and other relevant documents), so that the EMDR Europe Accredited Training Course can be thoroughly inspected.

### **System for continuous monitoring**

The trademark owner monitors compliance with the certification criteria through a structured monitoring system.

**Every five years**, authorised users must seek **re-accreditation** with their EMDR national association for Practitioners, Consultants, C&A Practitioners, and C&A Consultants, and with the Standards Committee of EMDR Europe Association for Trainers and C&A Trainers, and must therefore **submit relevant documentation** demonstrating that they continue to meet the certified characteristics and comply with the Conditions for Use of the Certification Trademark.

The documents to submit for re-accreditations of **Practitioners, Consultants, C&A Practitioners and C&A Consultants** are as follows:

- a. Proof that the authorised user is a full member of the EMDR national association
- b. Evidence that the authorised user has previously met the accreditation criteria (certified by the national association).
- c. A letter evidencing their professional standing/status.
- d. Evidence that the authorised user has acquired 50 EMDR based credits during the 5 years period since the last accreditation. (1hour=1 credit)
- e. There should be a reasonable mix of EMDR activities to fulfil the 50 credits. This may include attendance at conferences, presentations, research activities, supervision, teaching activities, attendance of seminars, training in different application of EMDR, practical workshops, and

- clinical research and contributions to the development of EMDR at national or locality level.
- f. The national association has the discretion to consider mitigating circumstances when the re-accreditation criteria have not been met and allow the re-accreditation (developing mitigation criteria).
  - g. If re-accreditation is not applied for, or the authorised user fails to meet the required standard, the accreditation will be withdrawn and the member will be removed from the list of accredited practitioners on the national website.
  - h. If re-accreditation is not applied for or is not granted, the member will not be allowed to refer to themselves as an accredited EMDR Europe (C & A) Practitioner/ (C&A) Consultant or use the term EMDR Europe accredited (C & A) Practitioner/ (C&A) Consultant in their professional literature and communications.
  - i. Members without accreditation will not be able to use or display the EMDR Europe logo.
  - j. A member whose accreditation has lapsed will be required to re-apply for and complete a lapse member accreditation application in consultation with an EMDR Europe Consultant/Supervisor.

#### Continuing Personal Development and Credit Process

1. EMDR Europe (C&A) trainers, (C&A) Consultant and (C&A) practitioners with recognised expertise will be entitled to apply to their EMDR National Association for CPD (Continuing Professional Development) credits for their presentations and EMDR related work.
2. CPD credits are awarded at the discretion of the national association and each national association is required to have in place a robust system for awarding credits.
3. Credits may be withdrawn if the awardee's work is unsatisfactory.
4. The EMDR Europe conferences will be awarded 14 credits, pre-conference workshops will be awarded 1hour=1credit.

#### The documents to submit for re-accreditations of **Trainers** and **C&A Trainers** are as follows:

1. Continuing Education in EMDR
  - a) The authorised users must provide proof that they have undertaken a minimum of 50 hours of continuing education in EMDR and/or psychotraumatology in the last five years. This must include attendance at 3 EMDR Europe conferences and 3 EMDR Europe trainers' days. If their EMDR national association also holds national conferences, they must provide proof that they have attended at least one such conference in the last three years.
  - b) The authorised user must state how they have kept up to date with the most recent developments in EMDR and related research.
2. Connection with the national EMDR Association
  - a) The authorised user must state what they have done during the last five years to support and promote their EMDR national Association and other EMDR National Associations in countries where they teach.
  - b) The authorised user must provide evidence (copy of email) of the following:
    - I. The National EMDR Associations, where the authorised user has taught during the last five years, are aware of their reaccreditation application.
    - II. Authorised user have informed all those EMDR National Associations that they may supply the Standards Committee with any additional information that they consider relevant to your application.
3. Participation in activities that promote EMDR
  - a) Authorised users must state how many EMDR Europe accredited training courses they have undertaken and how many participants they have trained in the last five years.
  - b) Authorised users must keep copies of all participant evaluation forms for the last three years and agree for them to be inspected by a member of the Standards Committee if required.
  - c) Authorised users must keep records to show that all participants have completed at least 10 hours of supervision as part of their basic training and agree for them to be inspected by a member of the Standards Committee if required.
  - d) Authorised users must provide examples of other activities besides their teaching of EMDR that show that they support the development of EMDR (for example, membership of national or international EMDR bodies and workgroups, writing of articles and book chapters, undertaking scientific studies etc.).

- e) Authorised users must state that they continue to devote at least 40% of their professional time to clinical practice (including supervision).
4. Confirmation that the authorised user's training course complies with EMDR Europe regulations
- a) Authorised users must confirm that they have read the document "Criteria for the certification of EMDR standard training within Europe, June 2024" and that their training course fully adheres to the criteria.
  - b) They should attach an overview of the program (in English) and the detailed content of their training course (e.g. PDF of the slides do not have to be translated) that demonstrates that they are adhering to the above criteria.
  - c) They have detailed any changes made to their original accredited training course with an explanation of the reason for the changes.
  - d) They will provide any additional evidence of the above if requested to do so by the Standards Committee.

5. Complaints

Authorised users must provide details of any complaints made against them during the last five years and give details of the outcome of that complaint.

6. Ethical standing and Integrity

Authorised users must provide a statement about maintaining integrity in teaching and practice in psychotherapy and that they are willing to adhere to the ethical and professional standards of EMDR Europe. Their submission for reaccreditation as a trainer should conclude with the following statement:

*"I confirm that all statements and evidence I have provided to the committee are truthful. I further confirm that I will continue to behave at all times with integrity in my teaching and practice and adhere to the ethical and professional standards and rules of EMDR Europe."*

## Sanctions

If a third party uses the certification mark without authorization, they will be informed that the marks are registered trademarks of the owner. This party will then have the opportunity to apply for authorization to use the marks, provided they meet the applicable conditions.

If the third-party refuses to cooperate and continues to use the marks without authorization, the trademark owner will take legal action for trademark infringement.

If an authorized user fails to fully comply with the rules, they will receive a warning letter specifying a deadline to rectify the identified deficiencies.

In the event of non-compliance, the trademark owner may either demand payment of an appropriate fine or, in cases of serious deficiencies, revoke the authorization to use the marks. In such cases, the third party will bear all costs and damages resulting from non-compliance.

Violation of the established criteria for a training course will result in the training not being recognized by the EMDR Europe Association, meaning participants will not receive EMDR Europe certification or be eligible to join the EMDR national Association members of EMDR Europe or affiliated EMDR associations at the international level. Such violations can also lead to the withdrawal of the trainer's accreditation as an EMDR Europe Accredited Trainer or as an EMDR Europe Accredited C&A Trainer and potential exclusion from membership in national and international EMDR associations.

EMDR Europe Association or the the EMDR national association approves the use of the EMDR Europe quality label / certification trade mark and/or to revoke such approval based upon the documentation during the application and/or assessment process and re-accreditation. Should an applicant or authorized user disagree with said assessment, the EMDR Europe Association operates an impartial appeals process that provides for an independent review of decisions made relating to certification.

(1) Dispute over accreditation as EMDR Europe accredited practitioner and EMDR Europe accredited C&A practitioner:

During the accreditation process, if the candidates are unhappy with the assessment by their EMDR Europe consultant, they are free to change consultant and present the same or other clinical videos and clinical cases for another assessment. After such additional assessment, in case of continuous dispute, candidates can use the Complaint and Disciplinary Policy of EMDR UK Association.

(2) Dispute over accreditation as EMDR Europe accredited consultant and EMDR Europe accredited C&A consultant

During the accreditation process, if the candidates are unhappy with the assessment by their EMDR Europe trainer or senior consultant, they are free to change for another trainer or senior consultant and present the same or other clinical videos and clinical cases for another assessment. After such additional assessment, in case of continuous dispute, candidates can use the Complaint and Disciplinary Policy of EMDR UK Association.

(3) Dispute over accreditation and re-accreditation as EMDR Europe accredited trainer and EMDR Europe accredited C&A trainer and for EMDR Europe accredited training and EMDR Europe accredited C&A training

Accreditation of EMDR Europe (C&A) trainer and (C&A) training is made by the Standard Committee of EMDR Europe Association, that assigns one case assessor for each trainer-candidate and training application. The case assessor evaluates the overall application and in particular the teaching and clinical videos of the candidate and other documents, and if necessary requests other videos and documents until they reach the quality level expected by the Standards Committee based on Francine Shapiro's standard protocol.

Should a trainer candidate for accreditation or re-accreditation oppose officially to the assessment made by the case handler, he/she can appeal to the Chair of the Standards Committee who will assign another case assessor for another overall assessment.

Should the trainer candidate for accreditation or reaccreditation oppose to the assessment made by the second case assessor, the trainer candidate can appeal to the Executive Committee of EMDR Europe. The Executive Committee will not make their own assessment of the teaching and clinical videos but will assess the procedure of evaluation made by the case assessors and the Standards Committee and make sure it respects the procedures of EMDR Europe Association and the Code of Ethics.

(a) Appeals must be submitted to EMDR Europe Association's Executive Committee in writing within 30 days of a certification decision being taken, by e-mail to [info@emdr-europe.org](mailto:info@emdr-europe.org), and must include detailed reasons as to why the applicant or authorized user disagrees with the decision.

(b) All appeals will be acknowledged within 7 working days of receipt of the same. Should further information be required, the same will be requested within 14 working days from acknowledgment. The user will have a further 14 working days to provide additional information before the file is closed and ready for determination by EMDR Europe Association's Executive Committee.

(3) EMDR Europe Association's Executive Committee will review the details of the appeal no later than 90 working days from submission of the appeal. The outcome of the appeal will be notified to the user by email by no later than 5 working days following the meeting at which the determination was made providing an abbreviated statement of the reasons for the decision taken.

(4) Should the user still disagree with the decision of EMDR Europe Association's Executive Committee, any further action would need to be brought in the competent courts.

### **Category of persons/entities eligible to use the certification mark**

Practitioners, Consultants, and Trainers of EMDR, who have entered into a cooperation agreement with the trademark owner may use the certification mark. To be eligible, they must:

- Utilize certification mark services that meet the attributes specified by the trademark owner and are guaranteed by the mark.
- Hold a valid license certificate issued by the trademark owner.

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